



# Kindred Counseling Center

kindredcounselingcenter.com | 215.622.9628

**Doylestown**  
350 S. Main St.  
Suite 306  
Doylestown, PA 18901

**Philadelphia**  
401 S. 2<sup>nd</sup> St.  
Suite 401  
Philadelphia, PA 19147

## Child and Teen Checklist of Characteristics

**Client Name(s):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Person Completing this form:** \_\_\_\_\_

Many concerns can apply to both children, adolescents and adults. If you are an adolescent (14yrs+) or have brought your child (13yrs and under) for evaluation or treatment, first take a few minutes to mark all of the items that apply to you/your child on the “Adult Checklist of Concerns.” Then review this checklist, which contains concerns (as well as positive traits) that apply mostly to children and teens, and mark any items that describe you/your child. Feel free to add any others at the end under “Any other characteristics.”

Please check all that apply:

- |   |  |
|---|--|
| <input type="checkbox"/> Affectionate   | <input type="checkbox"/> Extracurricular activities interfere with academics   |
| <input type="checkbox"/> Argues, “talks back,” smart-alecky, defiant  | <input type="checkbox"/> Failure in school   |
| <input type="checkbox"/> Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes                                 | <input type="checkbox"/> Fearful   |
| <input type="checkbox"/> Cheats   | <input type="checkbox"/> Fighting, hitting, violent, aggressive, hostile, threatens, destructive                                 |
| <input type="checkbox"/> Cruel to animals   | <input type="checkbox"/> Fire setting  |
| <input type="checkbox"/> Concern for others   | <input type="checkbox"/> Friendly, outgoing, social  |
| <input type="checkbox"/> Conflicts with parents over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/hair/friends | <input type="checkbox"/> Hypochondriac, always complains of feeling sick   |
| <input type="checkbox"/> Complains  | <input type="checkbox"/> Immature, “clowns around,” has only younger playmates   |
| <input type="checkbox"/> Cries easily, feelings are easily hurt   | <input type="checkbox"/> Imaginary playmates, fantasy  |
| <input type="checkbox"/> Dawdles, procrastinates, wastes time   | <input type="checkbox"/> Independent   |
| <input type="checkbox"/> Difficulties with parent’s paramour/new marriage/new family  | <input type="checkbox"/> Interrupts, talks out, yells  |
| <input type="checkbox"/> Dependent, immature  | <input type="checkbox"/> Lacks organization, unprepared  |
| <input type="checkbox"/> Developmental delays   | <input type="checkbox"/> Lacks respect for authority, insults, dares, provokes, manipulates                                      |
| <input type="checkbox"/> Disrupts family activities   | <input type="checkbox"/> Learning disability   |
| <input type="checkbox"/> Disobedient, uncooperative, refuses, noncompliant, doesn’t follow rules  | <input type="checkbox"/> Legal difficulties—truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drug sales |
| <input type="checkbox"/> Distractible, inattentive, poor concentration, daydreams, slow to respond  | <input type="checkbox"/> Likes to be alone, withdraws, isolates  |
| <input type="checkbox"/> Dropping out of school   | <input type="checkbox"/> Lying   |
| <input type="checkbox"/> Drug or alcohol use  | <input type="checkbox"/> Low frustration tolerance, irritability   |
| <input type="checkbox"/> Eating—poor manners, refuses, appetite increase or decrease, odd combinations, overeats                                      | <input type="checkbox"/> Mental retardation  |
| <input type="checkbox"/> Exercise problems  | <input type="checkbox"/> Moody   |
|   | <input type="checkbox"/> Mute, refuses to speak  |

- Nail biting
  - Nervous
  - Nightmares
  - Need for high degree of supervision at home over play/chores/schedule
  - Obedient
  - Obesity
  - Overactive, restless, hyperactive, out-of-seat behaviors, restlessness, fidgety, noisiness
  - Oppositional, resists, refuses, does not comply, negativism
  - Prejudiced, bigoted, insulting, name calling, intolerant
  - Pouts
  - Recent move, new school, loss of friends
  - Relationships with brothers/sisters or friends/peers are poor—competition, fights, teasing/provoking, assaults
  - Responsible
  - Rocking or other repetitive movements
  - Runs away
  - Sad, unhappy
  - Self-harming behaviors—biting or hitting self, head banging, scratching self
  - Speech difficulties
  - Sexual—sexual preoccupation, public masturbation, inappropriate sexual behaviors
  - Shy, timid
  - Stubborn
  - Suicide talk or attempt
  - Swearing, blasphemes, bathroom language, foul language
  - Temper tantrums, rages
  - Thumb sucking, finger sucking, hair chewing
  - Tics—involuntary rapid movements, noises, or word productions
  - Teased, picked on, victimized, bullied
  - Truant, school avoiding
  - Underactive, slow-moving or slow-responding, lethargic
  - Uncoordinated, accident-prone
  - Wetting or soiling the bed or clothes
  - Work problems, employment, workaholism/overworking, can't keep a job
  - Any other characteristics:
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Please look back over the concerns you have checked off and choose the one that you most want your child to be helped with. It is: \_\_\_\_\_

***This is a strictly confidential client record. Redisclosure or transfer is expressly prohibited by law.***